

Driving Assessments

**Information for clients
and their families**

Who needs a driving assessment?

A person with a new medical condition or a change to an existing medical condition that affects their driving abilities, requires an assessment.

Ultimately, your GP / treating specialist will advise you if you are safe to continue driving. An Occupational Therapist (OT) specialising in driving can provide an assessment of your fitness to drive if your doctor cannot determine if your medical conditions impacts on your ability to drive safely.

The assessment includes a comprehensive off-road assessment and an on-road assessment.



My Therapy Crew

1. The OFF-Road Assessment

Duration - one and a half hours

The off-road assessment is completed at our clinic at Upper Mount Gravatt, with our Occupational Therapist and includes:

- An interview about your driving history
- An interview about your medical history
- Vision tests
- Physical tests
- Knowledge of road rules
- A variety of tests that determine your thinking, problem solving and planning skills

The tests will help to determine:

- If you are medically ready to complete the on-road assessment
- If you require vehicle modifications
- If you require further assessment from other specialists (eg optometrist, ophthalmologist, neuropsychologist)



2. The ON-Road Assessment

Duration - 50 minutes

This typically occurs on the same day as your off-road assessment.

It will be in the driving school automatic vehicle with dual controls. The driving instructor will sit in the front passenger seat. The OT will sit in the rear left seat and observe how you drive while taking notes.

The driving school vehicle can be manual or automatic and may have vehicle modifications, depending on the results of your off-road assessment.

After the drive, the OT and driving instructor will provide you with feedback on your performance and a plan of action for ongoing treatment.



3. After the Assessment

You will be advised about your options that may include:

- You are safe to continue driving
- You are unsafe to drive at the moment, but you can be assessed again in the future.
- You may need vehicle modifications and some lessons in how to use these modifications. You will need a medical certificate from your GP that allows you to undertake lessons.
- Once you have learnt how to use these modifications successfully, your licence will be endorsed by QLD Transport with a “vehicle modification notice – V” condition.
- You may require further lessons to improve your driving abilities
- You may require further lessons to improve your driving abilities due to the difficulties present from your medical condition.
- A reassessment with the Occupational Therapist may be required.



A report will be sent to your GP and the referral agency regarding the outcome of the assessment. Your doctor makes the final decision about medical clearance for driving.

Before attending your assessment

Before attending your driving assessment appointment please do the following:

- Ensure you have a current driver's licence or learners permit
- Bring your QLD Transport medical certificate (if appropriate)
- Bring a list of your current medications
- Bring your glasses if required
- Arrange transportation to and from the assessment – you should not drive yourself to the appointment.



www.mytherapycrew.com.au



1800 942 957



My Therapy Crew