Support at Home Services
Pricing Schedule

At My Therapy Crew, we work alongside Support at Home providers and care partners to provide responsive allied health services that support older people to remain safe, independent and living well at home.

With a large multidisciplinary team, My Therapy Crew provides Occupational Therapy, Physiotherapy, Speech Pathology, Positive Behaviour Support and Social Work in Queensland and the Northern Territory. We have clinics in Upper Mount Gravatt, Springwood, North Lakes, Buderim and Darwin, with mobile services also available in selected areas, including Cairns where services are delivered in the community.

The focus of our team is on helping older people maintain or regain function, prevent or delay further decline, and to remain as independent as possible in their own homes. We work with each person to understand what matters to them, build on their existing strengths and abilities, and identify practical strategies, therapy, equipment or environmental changes that can make everyday tasks safer, easier and more manageable.

Our aim is not simply to provide more support, but where possible to help people maintain their skills, confidence and ability to continue doing the things that are important to them.

We meet all Aged Care Standards and compliance requirements and are able to provide supporting documentation as required.

Hourly & Ongoing Services

Direct Services (inclusive of travel)	$240 per hour
Indirect services	$160 per hour

Direct services includes face-to-face clinical services delivered to the client including assessments, therapy and treatment sessions, reviewing or trialling equipment and assistive technology, providing education or training to clients and carers, and discussing clinical recommendations, progress or care needs during appointments.

Indirect services includes clinically necessary work undertaken outside direct client appointments that relates specifically to the client's assessment, treatment or ongoing care.

This may include clinical documentation and progress notes, report writing, developing individualised treatment plans or home programs, preparing clinical resources, reviewing assessment findings, making referrals, case conferencing, liaising with other health professionals or care providers, and preparing clinical recommendations or equipment prescriptions.

Need more information or want to make a referral?
Please contact us

Referral form
admin@mytherapycrew.com.au
1800 942 957
www.mytherapycrew.com.au

Support at Home Services Compliance

As an allied health associated provider delivering services within the aged care sector, My Therapy Crew aligns its clinical governance, workforce capability and service delivery practices with the Strengthened Aged Care Quality Standards under the new Aged Care Act.

Standard 1 – The Person
We uphold each older person's rights, dignity, identity and autonomy through person-centred practice. Services are delivered in partnership with the older person, with active involvement in goal setting, therapy planning and review. Communication is adapted to individual needs and informed consent is obtained and documented. Our approach supports choice, control and meaningful participation in care decisions.

Standard 2 – The Organisation
We maintain internal governance systems that support safe and accountable service delivery. Clear scope of practice, supervision structures, risk management processes and incident escalation pathways underpin our clinical work. We cooperate with approved providers to ensure alignment with their quality, safeguarding and reporting frameworks.

Standard 3 – The Care and Services
Our clinicians complete comprehensive, discipline-specific assessments and develop individualised therapy plans in collaboration with the older person and care team. Interventions are evidence-informed and designed to optimise function, safety, independence and quality of life. Progress is reviewed regularly, with documentation supporting continuity and integrated care planning.

Standard 4 – The Environment
When providing services on-site, we operate in accordance with the host organisation's safety, infection prevention and control, and workplace health procedures. Our clinicians follow manual handling guidelines and professional standards to ensure safe service delivery for older people and staff.

Standard 5 – Clinical Care
Where allied health forms part of clinical care, services are delivered within professional registration requirements and contemporary best practice. Clinical risks are identified, documented and escalated appropriately. We collaborate with nursing, medical and care staff to support integrated, safe and responsive care.

Workforce Capability
All clinicians hold relevant qualifications, maintain professional registration (where applicable), and meet Queensland screening and compliance requirements, including CPR and first aid qualifications.

Ongoing professional development, clinical supervision and performance review processes ensure continued competence and alignment with best practice. Our systems support safe, rights-based and high-quality allied health services that complement and strengthen the care delivered by approved aged care providers.