My Therapy Crew







Kindy Uplift Services Guide

Workshops, incursions and tailored support for early childhood settings

No Kindy Uplift funding?

Contact us to find a solution

EDUCATOR DEVELOPMENT

Welcome to our Kindy Uplift Services Catalogue

We're excited to offer tailored, hands-on professional learning and in-centre support that equips educators with practical strategies they can implement immediately. Our sessions focus on speech, language, early literacy, self-regulation, social skills, engagement, and play, all embedded into everyday routines.

Educators benefit from interactive coaching, real-time feedback, and therapist-led workshops, interactive modelling, ensuring strategies are personalised to the unique needs of your children. By combining communication, play, movement, and music, our programs ignite learning and help every child build the skills they need for school readiness.

Partner with us to bring evidence-based, practical strategies straight into your classrooms and inspire confident, capable learners. All programs are developed to specifically align with the Kindy Uplift Priority Areas:

- Culturally safe, inclusive and responsive kindergarten programs
- Social and emotional learning
- Executive Function
- Physicality
- Language and Literacy
- Mathematics and Numeracy

Our workshops can be delivered either face to face or online and our incursions can involve your whole centre!





Delivery Terms

- Regional and Remote services - We see you! We love visiting regional and remote communities so please connect with us to discuss how we can ensure your educators and children are well supported.
- All travel quoted in the following costs are for up to 1 hour of return travel from the closest MTC location to your centre. Please reach out for a personalised quote if you are beyond this travel catchment.
- All services must be paid prior to workshop dates, as per due date. Prices exclude GST.
- A minimum of 2 business days' notice (excl public holidays) is required for cancellations or changes. Cancellations/changes made without tihs notice will incur a cancellation fee of 100% of the scheduled program.

SPEECH PATHOLOGY

Foundations & Practice: Early Communication, Language & Literacy (0–5 Years) 2 Part Series

Early language skills are the foundation for children's literacy, thinking, and social-emotional development. This workshop helps educators recognise developmental strengths and challenges and provides practical strategies to create language-rich, engaging environments that support every child's learning and wellbeing.

Part 1: "Awareness"

- This workshop builds educator awareness of how children's early communication skills form the foundation for oral language, literacy and learning.

Part 2: "Practice"

- This workshop builds on Part 1: Awareness, moving into practical application.
- Educators will explore evidence-based strategies for supporting communication and literacy growth in daily routines and learn how to use screening tools and communication supports (including Key Word Sign) to collaborate with families and professionals.

Mode: Face to Face Workshop

Duration: 2 hours per workshop

Included attendees: 12

Kindy Uplift Priority Areas:

Facilitator: Certified Practicing Speech Pathologist

Cost: $1,940

Additional attendees: $200 per person







1800 942 957

SPEECH PATHOLOGY

Everyday Talk Matters: Embedding Language-Rich Play in Kindy

This workshop builds educator confidence and practical skills to use everyday play as a powerful tool for supporting children's language, vocabulary, and early literacy development. Educators explore strategies to intentionally embed rich language interactions into routines, play experiences, and learning environments.

Mode: Face to Face or Online **Duration**: 1 hour workshop **Included attendees:** 15

Kindy Uplift Priority Areas:



Facilitator: Certified Practicing Speech Pathologist **Cost:** $582

Ready, Set, Go! Supporting Children to Follow Directions

This workshop equips educators with practical strategies to help children follow directions successfully. Educators learn to identify and support receptive language difficulties, use visuals effectively, and implement routines that strengthen children's attention, understanding, and independence during transitions and daily activities.

Mode: Face to Face or Online **Duration**: 1 hour workshop **Included attendees:** 15

Kindy Uplift Priority Areas:



Facilitator: Certified Practicing Speech Pathologist **Cost:** $582

SPEECH PATHOLOGY

Strengthening QKLG Prep Transition Statements through a Communication & Learning Lens. Add On - Transition reviews

This practical, evidence-based workshop supports educators to confidently complete QKLG Prep Transition Statements through a speech pathology and communication lens. Educators will learn how to:

- Identify key communication, language, literacy, executive function, and social skills for school readiness
- Use strengths-based, developmentally appropriate language
- Describe support needs clearly without diagnostic labels
- Strengthen the quality and consistency of transition documentation for Prep teachers and families

Mode: Face to Face Workshop **Duration**: 2 hour workshop **Included attendees:** 6

Kindy Uplift Priority Areas: **QKLG:**

Principles	Practices	Learning and Development Areas
✓	✓	✓

Facilitator: Sheree Brisbane CPSP
Dual Qualified BSpath & GDipTeach (Primary)

Cost: $970

Optional Add On - 1-1 transition statement review: Scheduled later in the year while educators are actively completing transition statements. Support includes:

- Draft statement review and feedback
- Problem-solving complex profiles
- Wording support for additional needs
- Guidance on what to include

Dual Integrated focus

Mode: Video Call - Teams **Duration**: 4 x 30 min or 2 x 60 min **Included attendees:** 3

Kindy Uplift Priority Areas: **QKLG:**

Principles	Practices	Learning and Development Areas
✓	✓	✓

Facilitator: Sheree Brisbane CPSP
Dual Qualified BSpath & GDipTeach (Primary)

Cost: $776





SPEECH PATHOLOGY

Speech and Language Immersion Coaching Sessions

This immersive session brings a speech pathologist into your centre to provide hands-on coaching and feedback as educators implement the strategies introduced in previous professional learning workshops. Educators receive individualised support in embedding communication, language, early literacy, executive function, and social-emotional strategies into everyday routines.

Mode: Face to Face Coaching **Duration**: 2 hours **Included attendees:** 1

Kindy Uplift Priority Areas:

Facilitator: Certified Practicing Speech Pathologist **Cost:** $776 per session

Collaborative Coaching with Speechie

Q&A with a Speech Pathologist via telehealth to brainstorm potential strategies to overcome any challenges in implementing strategies.
Support your educators:

- Capability and confidence - using communication, language and literacy strategies and receive tailored guidance to address specific challenges in their room.
- Individual supports for children - adapting strategies to meet the needs of children with individual learning styles and support inclusion and engagement for children.

Mode: Video Call - Teams **Duration**: 30 mins **Included attendees:** 2

Kindy Uplift Priority Areas:

Facilitator: Certified Practicing Speech Pathologist **Cost:** $100 per session





MUSIC THERAPY

Sing, Move, Play, Learn: Using Music for Early Learning Success



This practical professional development workshop equips educators with the knowledge and tools to confidently use music to support children's engagement, emotional and attentional regulation, communication, social and motor development, as well as transitions and daily routines.

This workshop combines evidence-based insights into why music and rhythm work with music-based activities and experiences that can be embedded into the classroom to support learning and development.

- **Sing** to support communication, listening, and oral language development.
- **Move** to build motor skills, body awareness, coordination and self-regulation.
- **Play** to foster social skills, creativity, social skills and more.
- **Learn** early numeracy, literacy and key learning concepts through engaging, music-based activities.

Mode: Face to Face Workshop **Duration**: 2 hour workshop **Included attendees:** 15

Kindy Uplift Priority Areas:

Facilitator: Registered Music Therapist **Cost:** $640

Rhythm, Rhyme & Play Incursion Program



This group program focuses on supporting children in:

- following directions
- transitions
- emotional regulation
- social and play skills

through engaging music-based activities incorporating singing, movement and action songs, instrument play, and props.

Educators are encouraged to participate and will gain confidence in using music, and understanding its function in supporting skill development, and learn simple songs and techniques that can be applied in everyday early learning routines.

Mode: Face to Face Incursion **Duration**: 30 - 45 minute sessions **Included attendees:** 15

Kindy Uplift Priority Areas:

Facilitator: Registered Music Therapist **Cost:** from $360 per session*
*dependent on package booked

*We offer 30 minute and 45 minute sessions to tailor sessions to the age group of the children.
We find children 3.5 years and over successfully participate in 45min sessions, with the 30min sessions more suitable to the focus and movement needs of children below the age of 3.5 years.

1800 942 957

MUSIC THERAPY

Resources

Choose from our existing resources, developed by a registered music therapist, or get in touch and we can create tailor-made, music-based resources designed to support your service's needs.

Singable Stories

The Singable Stories resource supports educators to use sung storytelling to enhance engagement, communication, and early literacy. This pack includes audio recordings to support educators to learn melodies to popular books, and visual symbols to support AAC users and inclusive participation.

Kindy Uplift Priority Areas:



Cost: Contact Us

Children's Songs with Key Word Sign (KWS)

The KWS Children's Songs pack provides video recordings paired with printable lyric sheets to support confident delivery by educators. This pack includes:

- Acknowledgement to Country
- Barramundi Song (aussie animals)
- Baby Shark (family)
- Sing a Rainbow (colours)
- I Had a Little Turtle (eat, drink etc.)
- Days of the Week Song
- and more

Kindy Uplift Priority Areas:



Cost: Contact Us

Music for Every Moment: Curated Classroom Playlists



This pack includes themed song lists and accompanying Spotify playlists for different purposes, including:

- Emotions
- Movement
- Calming and wind-down
- Transitions & routines
- Seasons
- Early learning concepts

Kindy Uplift Priority Areas:



Cost: Contact Us

Instrument Play

This pack includes simple instrument making activities and an instrument songbook featuring easy-to-learn songs. Designed for flexible use in small groups, circle time, or play-based learning experiences.

Kindy Uplift Priority Areas:



Cost: Contact Us

PHYSIOTHERAPY

Movement Matters: Movement Screening - What to and what not to worry about

Led by a physiotherapist, this session helps educators observe and understand children's movement and motor development. Learn how to identify typical patterns, recognize early signs of concern, and understand how physiotherapy can support physical development in early childhood.

Mode: Face to Face Workshop **Duration**: 1 hour workshop **Included attendees:** 15

Kindy Uplift Priority Areas:

Facilitator: Registered Physiotherapist **Cost:** $552

Move, Play, Learn: Moving with purpose

Led by a physiotherapist, this session equips educators with practical strategies to support young children's gross motor development. Learn how to set up activities that develop spatial awareness, object control, balance, and overall physical readiness for school. Gain insights into modifying activities for children with movement delays and communicating the importance of physical development to families.

Mode: Face to Face Workshop **Duration**: 1 hour workshop **Included attendees:** 15

Kindy Uplift Priority Areas:

Facilitator: Registered Physiotherapist **Cost:** $552

Every Body Moves: Incursion Program

A physiotherapist-led, small-group incursion that brings movement and motor skill development directly into your centre. Through fun, play-based activities, children will develop gross motor skills, balance, coordination, and spatial awareness. The session provides practical strategies for educators to extend learning and support children with varying movement abilities.

Mode: Face to Face Incursion **Duration**: 30 - 45 minute sessions **Included attendees:** 15

Kindy Uplift Priority Areas:

Facilitator: Registered Physiotherapist **Cost:** from $414 per session*

*dependent on package booked

OCCUPATIONAL THERAPY

Little Hands Big Skills: how fine motor skills develop

Explore how fine motor skills develop alongside other movement skills, with practical strategies to support children's confidence, independence and participation at kindy.

Mode: Face to Face Workshop **Duration**: 1 hour workshop **Included attendees:** 15

Kindy Uplift Priority Areas:

Facilitator: Registered Occupational Therapist **Cost:** $582






Learning SENSationally: understand how children process their environments and how to help

Build an understanding of sensory processing and discover ways to create learning environments and experiences that respond to children's individual sensory needs.

Mode: Face to Face Workshop **Duration**: 1 hour workshop **Included attendees:** 15

Kindy Uplift Priority Areas:

Facilitator: Registered Occupational Therapist **Cost:** $582

Secure and Calm: co-regulating in the childcare environment

Explore practical ways to prioritise connection, support emotional regulation and help children navigate big feelings through calm, responsive relationships.

Mode: Face to Face Workshop **Duration**: 2 hour workshop **Included attendees:** 15

Kindy Uplift Priority Areas:

Facilitator: Registered Occupational Therapist **Cost:** $776

DEVELOPMENT & INCLUSION

Understanding Neurodiversity in Early Childhood

This session supports educators to build a shared understanding of neurodiversity in early childhood. Educators will explore the many ways children may engage, communicate, regulate, and learn, and reflect on how developmental differences can present in everyday early learning environments. The focus is on understanding children's strengths and needs.

Educators will learn to:

- Understand neurodiversity as a natural part of human development
- Recognise a range of communication, sensory, social, and learning styles
- Reflect on how environments and expectations impact participation
- Use observation to better understand individual children

These 2 workshops work best as a pair

Supporting Diverse Learners Through Play and Learning

This practical session supports educators to apply inclusive strategies within everyday play, routines, and learning experiences. Educators will explore how to adapt activities, environments, and interactions to better support diverse learners.

Educators will learn to:

- Embed inclusive strategies into play-based learning
- Adjust routines, environments, and expectations to support participation
- Use strengths-based approaches to support regulation, engagement, and communication
- Plan learning experiences that are flexible and inclusive of all learners

Mode: Face to Face Workshop **Duration**: 1 hour per workshop **Included attendees:** 15

Kindy Uplift Priority Areas:

Facilitator: Registered Allied Health Practitioner

Cost: $582 per 1 hour workshop OR $873 if both booked in one visit






www.mytherapycrew.com.au/kindy-uplift

SUMMARY OF SERVICES

as at 21st October 2026

Title	Mode	Duration	Cost (excl gst)
Speech Pathology			
Foundations & Practice: Early Communication, Language & Literacy (0–5 Years) 2 Part Series	Face to Face	2 x 2 hours	$1,940
Strengthening QKLG Prep Transition Statements Through a Communication & Learning Lens	Face to Face	2 hours	$970
Optional add on: 1-1 Transition Statement Support	Online	4 x 30 mins or 2 x 1 hour	$776
Collaborative Coaching	Online	30 mins	$100
Speech and Language Immersion Coaching Sessions	Face to Face	2 hours	$776
Everyday Talk Matters: Embedding Language Rich-Play in Kindy	Face to Face or Online	1 hour	$582
Ready, Set, Go!: Supporting Children to Follow Directions	Face to Face or Online	1 hour	$582
Music Therapy			
Sing, Move, Play, Learn: Using Music for Early Learning Success	Face to Face	2 hours	$ 800
Rhythm, Rhyme and Play Incursion Program: • Single Booking (incl 1 x 30min and 1 x 45min session) • Full Term Booking - Weekly/Fortnightly	Face to Face		$600 $3,600 / $2,285
Resources - Singable Stories, Songs with Key Word Signs, Playlists and Instrument Play			Contact us
Physiotherapy			
Movement Matters: Movement Screening - What to and Not to Worry About	Face to Face	1 hour	$582
Move, Play, Learn: Moving with Purpose	Face to Face	1 hour	$582
PT Incursion Program: • Single Booking • Full Term Booking - Weekly/Fortnightly	Face to Face		$690 $4,140 / $2,555
Occupational Therapy			
Little Hands, Big Skills: How Fine Motor Skills Develop	Face to Face	1 hour	$582
Learning SENSationally: Understanding How Children Process Their Environments and How to Help	Face to Face	1 hour	$582
Secure and Calm: Co-regulating in the Childcare Environment	Face to Face	2 hours	$776
Inclusion & Development			
Part 1: Understanding Neurodiversity and Developmental Delays in Early Childhood	Face to Face	1 hour	$582
Part 2: Supporting Diverse Learners Through Play and Learning	Face to Face	1 hour	$582
2-Part Series: Understanding and Supporting Neurodiversity and Developmental Disorders in Early Childhood (single visit) *(single visit)	Face to Face	2 hours *(single visit)	$873

These 2 workshops work best as a pair!!

Unsure on how to structure your Uplift Program or have no funding? - connect with us to chat to our Early Development Crew for support **partnerships@mytherapycrew.com.au**

Book Now

My Therapy Crew